## **GARDEN CITY SILVER SNEAKERS CLASS SCHEDULE**

## Monday-

11:30am-12:20pm

## Wednesday-

11:30am-12:20pm

<u>Friday</u>-

11:30am-12:20pm

800 E Gate Blvd Garden City, NY 11580

Present by printing or taking a screenshot of this at the Metro Physical & Aquatic Therapy front desk before your first class!



